



Fitness Center FAQ

rev. June 23, 2025

Q: What are the current hours?

A:

- **Monday–Thursday:** 5:30 AM – 7:00 PM
- **Friday:** 7:00 AM – 3:00 PM
- **Closed on weekends**

Q: Who is eligible for membership at the fitness center?

A:

- **Open Enrollment:** Lower Lot full-time NBCUniversal employees
- **Waitlist Entry:** Contractors, Production, and USH employees

Q: Will all fitness center services be available?

A: Not yet. Only personal training is available at this time. Group fitness classes will resume at a later date.

Q: Will towel service be available?

A: Yes.

Q: Will there be any changes to my membership fee?

A:

- **NBCU Employees (purple and green badges):** \$35/month
- **Contractors:** \$45/month

Q: Where can I go for questions?

A: If you have any questions, please contact our team at

- UniversalStudiosFitness@plusone.com
- **(818) 777-4496**